



## Prayer Letter for January 2026

### POPE'S PRAYER INTENTIONS

Pope entrusts his Worldwide Prayer Network each month with prayer intentions that express his great concern for humanity and for the mission of the Church. His monthly prayer intention is a worldwide call to transform our prayer into specific actions; it is a compass for a mission of compassion for the world.

#### Pope's Prayer Intention, January 2026:

**For prayer with the Word of God:** Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.

Read More: <https://www.popesprayer.va/pray>

### POPE'S MONTHLY PRAYER

Lord Jesus, living Word of the Father,  
in You we find the light that guides our steps.

We know that the human heart lives restless, hungry for meaning,  
and only your Gospel can give it peace and fullness.

Teach us to listen to you each day in the Scriptures,  
to let ourselves be challenged by your voice,  
and to discern our decisions  
from the closeness to your Heart.

May your Word be nourishment in weariness,  
hope in darkness,  
and strength in our communities.

Lord, may your Word never be absent from our lips or from our hearts—  
the Word that makes us sons and daughters, brothers and sisters,  
disciples and missionaries of your Kingdom.  
Make us a Church that prays with the Word,  
that is built upon it and shares it with joy,  
so that in every person the hope of a new world may be born again.

May our faith grow in the encounter with you through your Word,  
moving us from the heart  
to reach out to others,  
to serve the most vulnerable,  
to forgive, build bridges, and proclaim life. **AMEN.**



### **DAILY OFFERING PRAYER**

Good Father, I know you are with me. Here I am on this new day.

Place my heart once more with the Heart of your Son Jesus,  
who gives himself for me and who comes to me in the Eucharist.

May your Holy Spirit make me his friend and apostle,  
available for his mission of compassion.

I place in your hands my joys and hopes,  
my works and sufferings, everything that I am and have,  
in communion with my brothers and sisters  
of this Worldwide Prayer Network.

With Mary, I offer you my day for the mission of the  
Church and for the prayer intentions of the Pope  
and my Bishop for this month. **AMEN.**

### **ATTITUDE OF THE HEART**

*Nourishing our life by praying with the Word of God*

Listening to God in order to live better

Let no day go by without receiving a Word from the Lord.

And may that Word inspire an action, a gesture, a decision.

Because the Word, when prayed,

*nourishes the soul,  
ignites hope,  
and sends us out on mission.*

(Cf. Step 1 of The Way of the Heart, Rooted in Love).

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